# **INDOOR SETUP: ENHANCED**

## SETUP CAN BE UTILIZED WITH EITHER A CHROMA-KEY OR A NON-CHROMA-KEY BACKGROUND



4ft

### **MAIN LIGHT**

- Placed 6ft from the Subject at a 45 Degree Angle
- Light Pointed Towards and Angled Towards Subject
- Utilizing Minimum 60" (5ft) White Umbrella
- Reflector/Spill Kill Removed from Light
- Bottom of Light Should be 4ft to 5ft from Floor
- Light Metered at: F/8

### **FILL LIGHT**

- Placed 8ft from the Subject at a 45 Degree Angle
- Light Pointed Towards and Angled Towards Subject
- Utilizing Minimum 60" (5ft)
   White Umbrella
- Reflector/Spill Kill Removed from Light
- Bottom of Umbrella 4ft to 5ft from Floor
- Light Metered at: F/4



### **SUBJECT**

 HEELS of Subject Placed 4ft from Background

## **LIGHT METER**

- Mode: Flash
- ISO: 400
- Shutter Speed: 125
- F/Stop: Meter for F/Stop
- Meter Each Light Individually
- Take Meter Reading from Subject
   Position, with Meter Pointed Towards
   the Respective Position of Each Light
- Once Each Light is Metered Individually,
   Take an Overall Meter Reading with
   Meter Pointed Towards Camera



9ft

## **CAMERA SETTINGS**

AS Degree Angle

8ft

• ISO: 400

45 Degree Angle

- Shutter Speed: 125
- F/Stop: Set to Match Overall Meter Reading
- White Balance: Flash
- Photographer: 9ft from Subject

### <u>SETUP</u>

STEP ONE: Set up Background STEP TWO: Mark Subject, Light and

**Camera Positions** 

STEP THREE: Set Up Main Light STEP FOUR: Meter Main Light STEP FIVE: Set Up Fill Light STEP SIX: Meter Fill Light

STEP SEVEN: Take an Overall Meter

Reading

<u>STEP EIGHT</u>: Set Up Tripod and Camera <u>STEP NINE</u>: Confirm Camera Settings

**STEP TEN: Take Test Shot** 

## Enhanced Setup Checklist – 2017A

## **Case Inventory**

## □ D7200 Camera Body (Or Equivalent Camera) ☐ 18-105mm Lens ☐ Lens Hood ☐ 2 Genuine Nikon Camera Batteries - Charged ☐ Camera Battery Charger ☐ 2 Heavy Duty Light Stands ☐ 2 Alien Bee B800's/Einstein's □ 2 Power Cords - Short ☐ Studio Lights Tested ☐ 2 1/4" Stereo Sync Cords ☐ 2 Hot Shoe Adapters ☐ 2 CyberSync Transmitters ☐ 2 CyberSync Receivers ☐ 2 CyberSync Sync Cords – Miniature to ¼" ☐ 2 60" White Umbrella's ☐ Light Meter – Battery Checked ☐ 2 Power Strips & Extension Cords ☐ 2 Vagabond Power Packs – Charged (Optional) ☐ PhotoMatch Tablet - Charged □ Keyboard ☐ Power Cord ☐ Tablet Bracket to Mount on Stand ☐ (2) D7100/7200 Camera USB Cables □ Double USB Adapter ☐ 2 Scanners ☐ Hot Spot Router П ☐ 2 Memory Cards Background & ☐ Memory Card Envelopes ☐ Zippered Card Pouch ☐ Tape Measure ☐ Gaffer Tape ☐ Hoodman Viewer (Optional) ☐ Stool ☐ Photo Props ☐ BU Sequence Cards, Stringer, Pens ☐ Registration/Ordering Tablets – Charged ☐ 9x10 (minimum) Chroma-Key Green Background □ 9x10 (minimum) Chroma-Key Blue Background ☐ Background Stand & Crossbar Poles □ Background Clips

## **Setup & Settings**

☐ Setup Background so Subject Exposure is Minimized ☐ Mark spot for Subject at 4ft from Background ☐ Tape Down Feet Marks – 45 Degree Angle from Cam. ☐ Mark Spot for Main Light at 6ft from Subject Qο ☐ Setup Main Light with 60" White Umbrella (No Reflector) Settings ☐ Bottom of Umbrella 5ft from Floor ☐ Point Light/Umbrella Towards Subject Position ☐ Power up Studio Light (AC Power or Vagabond) ☐ Modeling light/bulb is OFF (If Using Vagabond) ☐ Set Light Meter to: "Flash", ISO 400, Shutter 125 ☐ Stand in Subject Position to Take Meter Reading ☐ Point Light Meter Towards Main Light Position ☐ Hit "Reset" Button on Meter and Take Reading ☐ Adjust Power Setting of Light Until F/8 is Achieved ☐ Fill Light is Turned Off When Taking Reading ☐ Set Up Fill Light on Light Stand at 8ft from Subject ☐ Attach 60" White Umbrella to Light (No Reflector) ☐ Point Light Towards Subject Position ☐ Set Light Meter to: "Flash", ISO 400, Shutter 125 ☐ Stand in Subject Position to Take Meter Reading ☐ Point Light Meter Towards Fill Light ☐ Hit "Reset" Button on Meter and Take Reading ☐ Adjust Power Setting of Light Until F/4 is Achieved ☐ Main Light is Turned off When Taking Reading □ Take Overall Meter Reading ☐ Stand in Subject Position – **Both Lights Turned On** ☐ Point Meter Towards Camera Position/Take Reading ☐ Setup Tripod with Camera at 9ft from Subject ☐ Verify Camera Settings: ☐ Camera Shutter Speed: 1/125th ☐ Camera ISO: 400 ☐ Camera Aperture (f/stop): **Set to Overall Reading** ☐ Camera Shooting Mode: M (Manual) ☐ Camera Image Size: M (Medium) ☐ Camera Image Quality: Basic ☐ Camera White Balance: Flash ☐ Camera Shutter Release Mode: S (Single) ☐ Camera Body Focus Mode: AF ☐ Lens Focus Mode: A or MA (NOT M) ☐ Camera Focus Mode: AF-S (Single) ☐ Camera Auto Focus Points Area Mode: Auto ☐ Camera Image Review Settings: Focus Points On ☐ Camera Review Mode: Focus Points Screen ☐ Front of Lens Clean & Lens Hood Properly Seated ☐ Mount CyberSync Transmitter on camera ☐ Take Test Shot – Confirm Proper Exposure ☐ Set Up Hot Spot & Tablet ☐ Verify Tablet is Working Properly